

SKIN TAG

WHAT IS A SKIN TAG?

Skin tags are harmless, non-cancerous skin growths that occur on the skin. It can occur anywhere on the body but usually on the neck, eyelids and armpits.

It can occasionally be itchy or painful when skin tags are irritated with contact or friction e.g. clothes or necklace.

WHAT CAUSES A SKIN TAG?

Some individuals are more susceptible to skin tags due to genes. It can occur more frequently for older patients or patients who suffer from obesity or diabetes.

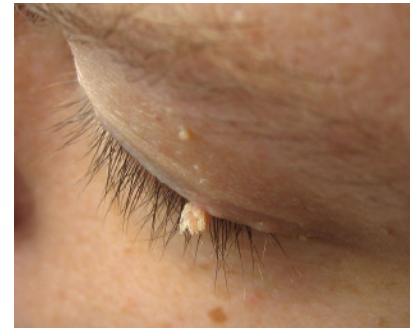
Unfortunately, there is no particular identifying reason to determine a skin tag.

TREATMENT OPTIONS

Skin tags are usually benign, and removing them are usually for cosmetics purposes. However, if the skin tags are found in places where there is constant friction or contact, it is advisable to have them removed.

There are several methods to remove skin tags.

- 1. Tying a suture on the base of the skin tag**
Usually reserved for pedunculated (lump on a stalk) lesions.
- 2. Cryotherapy**
HISTOFREEZER or liquid nitrogen can be used to target the lesion
- 3. Laser**
Lesions can be removed using laser therapy.
- 4. Surgery**
Skin tags can be excised surgically, if necessary.



Dr Lim Kai Hung
Family Physician

PARAGON MEDICAL

290 Orchard Road #07-18 to 20
Singapore 238859
paragon@lifescanmedical.sg
+65 6235 3253

THE ARCADE

11 Collyer Quay #03-28
Singapore 049317
arcade@lifescanmedical.sg
+65 6221 1358

PICKERING STREET

3 Pickering Street #01-01
Singapore 048660
pickering@lifescanmedical.sg
+65 6221 1651